# Bicester Health Centre Patient Participation Group F2F Meeting Minutes

### Wednesday 23 May 2018 15.00 - 17.00

Bicester Health Centre, Coker Close, Bicester OX 26 6AT

Approved on Wednesday 11 July 2018

Present

BHC Staff: Dr. Jonathan Holt JH, NS

F2F Group members

EE\* Apologies Received: ES, JB

GH\* MM Chair PP minute taker

ET\*

The Minutes of the meeting held on 21 March 2018 were approved.

#### ITEMS ARISING FROM THE PREVIOUS MINUTES

#### **Action & Notes**

JOINT PPG ACTIVITIES:	
A Meeting took place at Bicester Health Centre attended by the 3 PPG Chairs, plus one other	
member from Alchester, two others from Montgomery House, and 3 from BHC.	
No minutes will be produced. Meetings to be arranged quarterly	
CARERS' WEEK: Monday 11th to Friday 15th June	
NS There has been no commitment yet from the organisations as to when they will be	
attending during the week. More Carers Packs have been ordered. Wallet sized "Are you a	
Carer" cards to be printed.	
More slots have been filled in on the Timetable for the week.	
NELF	
Healthwatch has a copy of BHC poster 'Transport to GP & Hospital'	
Chris Wardley wanted to know what patients can do to help the NHS.	DD cont to IAllows so
F2F action to send CW the "Help Your GP to Help You", also to send Bicester NHS Run 70th	PP sent to JAHowe as
anniversary plan.	requested.
WELCOME BOXES: They are on the Patient Services website, not the BHC's, therefore this	NS to investigate.
will change when new contract starts later this year.	

#### **AGENDA ITEMS**

#### **NAPP**

We are now members, though the PPG needs to activate the membership.

**PP** to read documentation & contact NAPP if needed

#### TAI CHI

The taster sessions have been deemed a success, with the majority of patients interested in carrying on. JH said the aspiration is to run sessions for 1 hour between 2-4 p.m. on Tuesdays, in the autumn, outside, once the door has been fitted. The BHC building is leased from a property partnership, but no problem with installing the door is anticipated.

**Funding** has been sought by the practice through Healthy Towns, without success. JH suggested the PPG F2F group contact Millstream PPG in Benson as they may have useful experience. JH also suggested that the PPG may be able to find grants from Bicester Village or local construction/door companies who may do it if we place a plaque etc. As this activity is outside NHS core services, the NHS would not fund it.

PP thinks that OCVA may be able to provide source of funding for social enterprises. Other sources of funding to be sought.

### "Would you like to join the PPG"

**JH** will use the amended letter, replacing PP with 'quote from a member' and clinicians will hand it to a few people in the hopes of enlisting 4-5 more members.

Circulation to BHC practice staff present, to all 18 F2F Members online (& a hard copy to those marked \*, delivered by JB) and to Chair of NELF

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Leaflets in BHC:	
JH suggested that we produce a Carers leaflet of our own in the PPG leaflet series. Having	
such information for Carers in the waiting rooms would allow them to be picked up casually by interested passers-by, rather than given out by GPs as now.	
<b>NS</b> said she would look into getting on to mailing lists where the surgery automatically	
receives new versions of printed goods, e.g. Care Matters or Community Links when they are updated.	
ANY OTHER BUSINESS	
Placement of Leaflets	
Wall displays for "other" information, table top holders for PPG leaflets.	
Healthwatch Website	
PPG happy for leaflets to be shared with Healthwatch to put online.	PP sent PDFs of
Social Prescribing –	Transport poster
PP to investigate position in Cherwell.	
Whitelands Leisure Centre	
Have a free Falls Prevention Exercise class Tuesday 1:00 – 2:30.	
DATES OF THE NEXT MEETING	
Wednesday 11 July 2018	
3.00 – 5.00 pm at Bicester Health Centre	

The meeting closed at 5.00 pm.